

My End of Year Reflection

Alright so here we are, 3 years later. A lot has changed around me and within myself, I actually use posh words (the proper words) when I'm writing or talking about things, I listen to the teachers now which is mad, especially because of where I was 3 years ago. So, 3 years ago, I hadn't been to school for a very long time, my mental health was really bad and I had lost myself, I couldn't remember the last time I had genuinely felt happy or 'normal'. My mum was struggling because she didn't know what to do with me anymore and by that, I mean school wise and mental health. My dad would try his best to support me but I think he even knew that it was coming to a point of not being able to do schooling anywhere. But I thank God I came here cos otherwise I'd be very toasted. Anyway time to skip to now, I am a lot better but I still struggle with certain things but I can now somewhat manage and move past things, I'm in a lot better space mentally and emotionally thanks to Cherry Tree. This year I have learnt a lot about myself as well as others, it's been a really long journey and I can't wait to catch up on sleep every weekend lol but I wouldn't change it. I am extremely grateful that I was able to get into this school and I never thought I'd say that. I have changed for the better and now it's almost impossible to think or be how I was 2-3 years ago which is weird. With the tools I have now and am aware of, I try my best to help other people because I know what it's like to struggle and feel alone. I know my mum and dad are grateful that I was given a chance at school, especially one like this. I think my mum was filled with relief after I started to change because she didn't have to deal with my attitude all the time, although I still have it but I pick my moments, and I am a lot better with the awareness of my attitude. I feel I have more understanding for my family and people in general. My mum says how proud she is of me, but I wouldn't have done any of that if it weren't for this school. It's been hard to write this considering the change and how a lot has happened in the last year or two because Cherry tree is more than just a few words on a piece of paper, at least to me anyway. It's weird how 3 years ago, I woke up and went downstairs to see two strangers in my house, but those strangers were Soo and Emma and that day has led me to here, lol. Because I was given the tools and a chance, I have become a different person with more understanding, more forgiveness, a little more patient lol and I can actually be myself without having a care in the world about what people think of me. I never thought I'd say this and I'm only gonna say it once because Emma will never shut up about it, I believe that this school is the best in the country (I would say best in the world but again, Emma wouldn't shut up about it). But I think the biggest thing for me is that I can now confidently say that I have got myself, I can take care of me, I know to avoid drama, I even deleted my social media because it was a big negative thing for me. I am aware of these things because I've learnt about myself. Since I've been at Cherry Tree, I have realized that no one is 'normal' and it took me a while to fully understand that it's not normal to be like everyone else, in fact it's very boring and something I have also noticed while learning about myself here at Cherry Tree is that people will often say 'it's good to be different'.